**Happy Kids Development Center**

**Nutrition Policy**

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**Happy Kids provides a morning snack and an afternoon snack. Whole milk is served with all snacks and during lunch. The snack menu is displayed in the kitchen area of our center and on the Parent Information bulletin boards in each classroom. Menus are changed in accordance to the season.**

**The parent is responsible for providing a nutritious and dietary balanced lunch DAILY. The four food groups must be packed daily. Dietary regulations allow parents to pack two vegetables in substitution of a fruit or two fruits in substitution of a vegetable.**

**Juice boxes may be packed for the class assigned picnic day, but all juice boxes must be 100% juice. A serving of dairy such as yogurt or cheese should be packed for substitution of the milk on this particular day.**

**All lunches are monitored daily for the required food groups. The required food groups are a Meat, Fruit, Vegetable and a Bread/Grain. Since milk is provided on a daily basis, with the exception of picnic day, the dairy can be omitted. If a food group is missing from the packed lunch, then that food group will be supplemented at a charge of $1.00 per serving. The charge will be added to the child’s ledger card of tuition. If the parent does not provide the child’s lunch for the day, then the center will provide a lunch for the fee of $10.00. This charge will be applied to the child’s ledger card for tuition.**

**Lunch is provided by Happy Kids on Fridays. The parents will not pack lunches for the child on this day. Please see the menu for this day in the kitchen of the center or on the Parent Information boards in each classroom.**

**Dietary supplements are welcome for the benefit of each child. The parent may supply milk or supplemental snacks due to food allergies, cultural or religious protocol etc… Please speak with the Lead Teacher in your child’s class in regards to supplements. All foods should be labeled with the contents and the child’s name.**